



## Darren Seah Ee-Jin

Family Physician, Senior Consultant  
Head, Family Medicine, Population Health Campus

Director, Family Medicine Development and Primary Care  
Academy, NHGP

Research/Innovation Interests (Top 5 areas):

- Chronic Disease Management
- Endocrinology
- Metabolic Disorders

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## Biography

Dr Darren Seah is a Senior Consultant Family Physician and Director of the Family Medicine Development and Primary Care Academy at the National Healthcare Group Polyclinics. He completed his medical degree and postgraduate training of Masters in Medicine (Family Medicine) at the National University of Singapore, and obtained his Fellowship of the College of Family Physicians, Singapore in 2011.

## Selected Publications

- Lim RBT, Chen C, Naidoo N, Gay G, Tang WE, **Seah EJD**, Chen R, et al. Anthropometrics indices of obesity, and all-cause and cardiovascular disease-related mortality, in an Asian cohort with type 2 diabetes mellitus. *Diabetes & Metabolism*. 2015; 41(4):291-300.
- Siaw MYL, Chew DEK, Toh MPHS, **Seah DEJ**, Chua R, Tan J, Lee EYQ, Chan SY, Lee JYC. Metabolic parameters in type 2 diabetic patients with varying degrees of glycemic control during Ramadan: An observational study. *Journal of Diabetes Investigation*. 2016; 7(1):70-75.
- Chandran K, Tai K, Toh M, Phng F, **Seah EJD**, Wu C. Development and Validation of a Primary Care Tool to Identify Patients With Type 2 Diabetes Mellitus at High Risk of Hypoglycemia-Related Inpatient Admissions. *Journal of Endocrinology and Metabolism*. 2019; 9(3):43-50.
- Chew QH, Chia LAF, Ng WK, Lee WCI, Tan PLL, Wong CS, Puah SH, Shelat VG, **Seah EJD**, Huey CWT, Phua EJ, Sim K. Perceived Stress, Stigma, Traumatic Stress Levels and Coping Responses amongst Residents in Training across Multiple Specialties during COVID-19 Pandemic - A

Longitudinal Study. International Journal of Environmental Research and Public Health. 2020. doi: 10.3390/ijerph17186572.

- Abdin E, Chong SA, Vaingankar JA, Shafie S, **Seah EJD**, Chan CT, Ma S, James L, Heng D, Subramaniam M. Changes in the prevalence of comorbidity of mental and physical disorders in Singapore between 2010 and 2016. Singapore Medical Journal. 2020. doi: 10.11622/smedj.2020124.
- Luo M, Tan LWL, Sim X, Ng MKH, Dam RV, Tai ES, Chia KS, Tang WE, **Seah EJD**, Venkataraman K. Cohort profile: the Singapore diabetic cohort study. BMJ Open. 2020; 10(5):e036443. doi: 10.1136/bmjopen-2019-036443.
- Chew QH, Chia LAF, Ng WK, Lee WCI, Tan PLL, Wong CS, Puah SH, Shelat VG, **Seah EJD**, Huey CWT, Phua EJ, Sim K. Psychological and Coping Responses to COVID-19 Amongst Residents in Training Across ACGME-I accredited Specialties in Singapore. Psychiatry Research. 2020; 290:113146. doi: 10.1016/j.psychres.2020.113146.