



Yuan Qi

Senior Research fellow, Research Division, Institute of Mental Health

PhD, Chinese University of Hong Kong

Research Interests:

- Stigma
- Mental Health of caregivers
- Digital health

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Biography

Qi is a Senior Research Fellow in the Research Division, Institute of Mental Health. His research focuses on stigma, mental health of caregivers, and digital health. He is a quantitative researcher by training. He is currently an academic editor for Plos One and an editorial board member of Scientific Reports.

He holds a PhD in Public Health from the Jockey Club School of Public Health and Primary Care, The Chinese University of Hong Kong, and a Bachelor's degree in Public Health Management from Tongji Medical College, Huazhong University of Science and Technology, China.

Selected Publications

- **Yuan, Q.**, Tan, T.H., Wang, P. *et al.* A modified transactional model of stress and coping on depressive symptoms among informal caregivers of persons with dementia. *Sci Rep* **14**, 25507 (2024). <https://doi.org/10.1038/s41598-024-76339-4>
- Lee YT, **Yuan Q**, Zhang Y, Samari E, Goveas R, et al. (2024) Evaluating a mobile-based intervention to promote the mental health of informal dementia caregivers in Singapore: Study protocol for a pilot two-armed randomised controlled trial. *PLOS ONE* 19(6): e0305729. <https://doi.org/10.1371/journal.pone.0305729>
- Samari, E., **Yuan, Q.**, Zhang, Y. *et al.* Barriers to using eHealth/mHealth platforms and perceived beneficial eHealth/mHealth platform features among informal carers of persons living with dementia: a qualitative study. *BMC Geriatr* **24**, 30 (2024). <https://doi.org/10.1186/s12877-023-04628-0>
- **Yuan, Q.**, Zhang, Y., Samari, E. et al. Positive aspects of caregiving among informal caregivers of persons with dementia in the Asian context: a qualitative study. *BMC Geriatr* **23**, 51 (2023). <https://doi.org/10.1186/s12877-023-03767-8>
- **Yuan, Q.**, Wang, P., Tan, T. H., Devi, F., Poremski, D., Magadi, H., . . . Subramaniam, M. (2020). Coping patterns among primary informal dementia caregivers in Singapore and its impact on caregivers - Implications of a latent class analysis. *The Gerontologist*. <https://doi.org/10.1093/geront/gnaa080>

- **Yuan, Q.**, Seow, E., Abdin, E. *et al.* Direct and moderating effects of personality on stigma towards mental illness. *BMC Psychiatry* **18**, 358 (2018). <https://doi.org/10.1186/s12888-018-1932-3>
- **Yuan Q**, Picco L, Chang S, Abdin E, Chua BY, et al. (2017) Attitudes to mental illness among mental health professionals in Singapore and comparisons with the general population. *PLOS ONE* 12(11): e0187593. <https://doi.org/10.1371/journal.pone.0187593>
- **Yuan, Q.**, Abdin, E., Picco, L., Vaingankar, J. A., Shahwan, S., Jeyagurunathan, A., . . . Subramaniam, M. (2016). Attitudes to Mental Illness and Its Demographic Correlates among General Population in Singapore. *PloS one*, 11(11), e0167297.

Notable Research Awards & Grants from Past 5 Years

Name of Awards & Grants	Year Obtained
Singapore Health and Biomedical Congress - Singapore Allied Health Award (Gold)	2018
Health Services Research New Investigator Grant (HNIG)	2019 - 2021
NHG Population Health Grant	2021 - 2024
IMH Research Fund	2023 - 2025