



## Ong Xin Ling

Occupational Therapist, APCATS, Institute of Mental Health

### Research/Innovation Interests:

- Non-pharmacological interventions for person with dementia
- Dementia and AI
- Fall interventions for Person with Dementia
- Sensory interventions for older adult
- Older adult with mental health issues and frailty

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Research Profile: LinkedIn

## Biography

Xin Ling is a dedicated healthcare professional with a focus on enhancing the lives of older adults, particularly those living with dementia and mental health conditions. She holds a Master of Science in Applied Gerontology from Nanyang Technological University, Singapore, obtained in 2023, and a Bachelor of Science in Occupational Therapy from Trinity College Dublin, Ireland, completed in 2013.

Xin Ling is committed to improving the quality of life for elderly individuals through her active participation in workshops and training that enhance her understanding of gerontological practices and therapeutic interventions. She was part of developing an innovative mobile application Play2Care aimed at equipping caregivers with effective communication strategies for interacting with individuals with dementia, showcasing her dedication to creating impactful solutions in the field.

Eager to contribute to research initiatives, Xin Ling focuses on addressing the needs of the aging population, particularly in the areas of dementia care and mental wellness. She looks forward to collaborating on projects that promote well-being and dignity for older adults, ensuring they receive the compassionate care they deserve.