



AshaRani Pezhummoottil Vasudevan Nair

Senior Manager Research, Research Division, Institute of Mental Health

Research/Innovation Interests:

- Epidemiology
- Addiction
- Qualitative Research
- Systematic Reviews

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Biography

AshaRani obtained her bachelor's degree in medical microbiology from Mahatma Gandhi University, India. She earned her Ph.D. in 2010 from the National University of Singapore, specializing in nanotoxicology. Following her doctoral studies, she embarked on a post-doctoral role at the Institute of Molecular and Cell Biology, A*STAR, where she immersed herself in research utilizing zebrafish models to understand the patho-mechanisms of human skin and bone diseases. Her aim was not only to uncover the complexities of these conditions, but also to explore novel avenues for treatment. In 2015, AshaRani joined the Institute of Mental Health, where she has been spearheading nationwide epidemiological studies, systematic reviews, and qualitative research ever since.

Selected Publications

- PV AshaRani, Koh YS, Tan R, Tan YB, Gunasekaran S, Lim B, Tudor Car, L, Subramaniam M. 2024, The impact of media reporting of suicides on subsequent suicides in Asia: A systematic review. *Annals Academy of Science Singapore*, 53 (3), 152–169.
- Cheryl Sim Su Ling, PV Asharani, Mythily Subramaniam, Huso Yi. 2024, Roles and dynamics within community mental health systems during the COVID-19 pandemic: A qualitative systematic review and meta-ethnography. *Health Systems and Reforms*, 10(1), 2314525.
- AshaRani PV, Lai D, Koh J, Subramaniam M. Purpose in Life in Older Adults: A Systematic Review on Conceptualization, Measures, and Determinants. 2022, *Int J Environ Res Public Health*. 11;19(10):5860. doi: 10.3390/ijerph19105860.
- AshaRani PV, Tan YWB, Samari E, Wang P, Cetty L, Satghare P, Ho J, Koh SA, Zhong Yi L, Tang C, Verma S, Subramaniam M. 2022 Needs of patients with early psychosis: A comparison of patient's and mental health care provider's perception. *Front. Psychiatry*. 13:952666. doi:10.3389/fpsy.2022.952666.

- AshaRani PV, Devi F, Wang P, Abdin E, Zhang Y, Roystonn K, Jeyagurunathan A, Subramaniam M. Factors influencing uptake of diabetes health screening: a mixed methods study in Asian population. 2022, BMC Public Health. 22(1):1511. doi: 10.1186/s12889-022-13914-2.
- Asharani PV, Seet V, Devi F, Wang P, Kumarasan R, Subramaniam M. Electronic nicotine delivery systems: prevalence and perception of risk/harm in individuals with mental illness. 2024, Singapore Med J. 65(1):51-56.